## Travel Check List

### Travel Preparation
- Renew/Check Passport
- Insurance: Medical
- Change dollars to local currency
- Confirm Tickets
- Get Maps
- Make a travel plan

### Home Preparation
- Pay bills/rent/utilities
- Put valuables in safety deposit box
- Unplug electronics
- Turn down heat
- Turn off water
- Empty Trash
- Clean Home
- Plant Care
- Pet Care
- Make a travel plan
- Install/recharge batteries
- Cut Hair
- Visit Dentist
- Give keys to a friend/relative
- ______________________________________
- ______________________________________

### Tickets
- Airline Tickets
- Bus Tickets
- ______________________________________

### Money & Documents
- Passport
- Visas
- Health Insurance Cards
- Travelers Checks
- Cash
- Emergency Money
- Credit Card
- Debit Card
- Drivers License
- Personal Identification
- Emergency Address List
- Birth Certificate
- Documentation Photocopies (give to parents or someone you trust)
- ______________________________________

## Packing Check List

### General Clothing
- Shirts
- T-shirts
- Shorts
- Socks
- Black Pants
- Jeans
- Sweater
- Hat
- Underwear
- Runners
- Black Shoes
- ____________________________

### Women’s Clothing
- Bras
- Dress
- Skirt
- Panty hose
- Heels
- Wallet
- Purse
- ____________________________

### Men’s Clothing
- Collar shirt
- Tie
- Money Belt
- Wallet
- ____________________________

### Shoes
- Runners/Walking Shoes
- Sandals
- Dress Shoes
- Shower Shoes
- ____________________________

### Optional Clothing
- Belt
- Raincoat
- Umbrella
- Pyjamas
- Jewelry
- ____________________________

### Beach Gear
- Swim Suit
- Sunglasses
- Sunblock
- Beach Towel
- ____________________________

### Cold Weather Clothing
- Jacket (Wind Breaker)
- Gloves
- Hat
- Scarf
- Long Underwear
- ____________________________

### Personal Hygiene
- Toiletry Bag
- Hair Brush/Comb
- Razor/Electric Shaver
- Toothbrush
- Toothpaste
- Dental Floss
- Soap/Cleansers
- Shampoo/Conditioner
- Deodorant
- Moisturizer
- Lip Balm
- ____________________________

### Makeup
- ________________

### Other
- ________________
- ________________
- ________________
- ________________

## Health & Medications
- Prescription Medicine
- Contraception/Condoms
- Motion Sickness
- Pain/Aspirin Medication
- Allergy medication
- Cold/Sinus Medication
- Antibiotic Medication
- Laxative
- Diarrhea Ointment
- First Aid Kit
- Insect Repellent
- Contact Lens Kit
- Glasses
- Vitamins
- ______________________________________

### Electronics
- Travel Alarm Clock
- Hair Dryer
- Cell Phone/Charger
- Extra Batteries
- Laptop
- Watch
- GPS
- iPod
- Headphones
- Electronic Watt Converter
- ______________________________________

### Camera Equipment
- Digital Camera/Charger
- Memory Cards
- Camera Cables
- Video Camera/Charger
- Video Tapes
- ____________________________

### Other
- ____________________________
- ____________________________
- ____________________________
- ____________________________